

“STANDING ON THE PROMISES”
A COLLECTION OF BIBLE VERSES WITH PROMISE & ENCOURAGEMENT.

Hebrews 10:23 “He who promised is faithful.”

1 John 1:9 *If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.*

Psalms 119:11 *Your word I have treasured in my heart, that I may not sin against You.*

OLD TESTAMENT

Genesis 8:22 *"While the earth continues to exist, planting time and harvest, cold and heat, summer and winter, and day and night will not cease." NET Bible*

Exodus 14:13-14 *"Stand by and see the salvation of the LORD which He will accomplish for you today. ¹⁴ The LORD will fight for you while you keep silent."*

Exodus 15:2 *The LORD is my strength and song, and He has become my salvation; this is my God, and I will praise Him; my father's God, and I will extol Him.*

Exodus 15:18 *"The LORD shall reign forever and ever."*

Exodus 33:14 *And the LORD said, "My presence will go with you, and I will give you rest." NET Bible*

Deuteronomy 4:7 *"For what great nation is there that has a god so near to it as is the LORD our God whenever we call on Him?"*

Deuteronomy 4:35 *"To you it was shown that you might know that the LORD, He is God; there is no other besides Him."*

Deuteronomy 4:39 *"Know therefore today, and take it to your heart, that the LORD, He is God in heaven above and on the earth below; there is no other."*

Deuteronomy 7:9 *"Know therefore that the LORD your God, He is God, the faithful God, who keeps His covenant and His lovingkindness to a thousandth generation with those who love Him and keep His commandments."*

Deuteronomy 31:8 *"The LORD is the one who goes ahead of you; He will be with you. He will not fail you or forsake you. Do not fear or be dismayed."*

Deuteronomy 32:4 *"The Rock! His work is perfect, for all His ways are just; a God of faithfulness and without injustice, righteous and upright is He."*

Deuteronomy 33:27 *"The eternal God is a dwelling place, and underneath are the everlasting arms."*

Joshua 1:9 *"Have I not commanded you? Be strong and courageous! Do not tremble or be dismayed, for the LORD your God is with you wherever you go."*

1 Samuel 17:47 *"The battle is the LORD'S!"*

1 Chronicles 16:10-11 *Glory in His holy name; let the heart of those who seek the LORD be glad. ¹¹ Seek the LORD and His strength; seek His face continually. NET Bible*

1 Chronicles 16:34 Give thanks to the LORD, for He is good and His loyal love endures. *NET Bible*

1 Chronicles 29:11-12 "Yours, O LORD, is the greatness and the power and the glory and the victory and the majesty, indeed everything that is in the heavens and the earth; Yours is the dominion, O LORD, and You exalt Yourself as head over all. ¹² "Both riches and honor come from You, and You rule over all, and in Your hand is power and might; and it lies in Your hand to make great and to strengthen everyone." *NET Bible*

2 Chronicles 7:14 And if My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land.

2 Chronicles 16:9 "For the eyes of the LORD move to and fro throughout the earth that He may strongly support those whose heart is completely His.

Nehemiah 9:17 "You are a God of forgiveness, merciful and compassionate, slow to get angry and unfailing in your loyal love."

Job 19:25-27 "As for me, I know that my Redeemer lives, and at the last He will take His stand on the earth. ²⁶ "Even after my skin is destroyed, yet from my flesh I shall see God; ²⁷ whom I myself shall behold, and whom my eyes will see and not another. My heart faints within me!

Job 42:2 "I know that You can do all things, and that no purpose of Yours can be thwarted.

Psalms 1:6 Certainly the LORD guards the way of the godly, but the way of the wicked ends in destruction. *NET Bible*

Psalms 4:3 But know that the LORD has set apart the godly man for Himself; the LORD hears when I call to Him.

Psalms 9:10 And those who know Your name will put their trust in You, for You, O LORD, have not forsaken those who seek You.

Psalms 16:5 LORD, you give me stability and prosperity; you make my future secure. *NET Bible*

Psalms 18:30 The one true God acts in a faithful manner; the LORD's promise is reliable; he is a shield to all who take shelter in him. *NET Bible*

Psalms 20:6-7 Now I know that the LORD saves His anointed; He will answer him from His holy heaven with the saving strength of His right hand. ⁷ Some boast in chariots and some in horses, but we will boast in the name of the LORD, our God.

Psalms 28:7-8 The LORD is my strength and my shield; my heart trusts in Him, and I am helped; therefore my heart exults, and with my song I shall thank Him. ⁸ The LORD is their strength; and He is a saving defense to His anointed.

Psalms 31:3, 4 "For You are my rock and my fortress; for Your name's sake You will lead me and guide me. ⁴ You will pull me out of the net which they have secretly laid for me, for You are my strength.

Psalms 31:7-8 I will rejoice and be glad in Your lovingkindness, because You have seen my affliction; You have known the troubles of my soul, ⁸ and You have not given me over into the hand of the enemy..."

Psalms 33:4 For the word of the LORD is upright, and all His work is done in faithfulness.

Psalms 34:8 O taste and see that the LORD is good; how blessed is the man who takes refuge in Him!

Psalms 34:10 But they who seek the LORD shall not be in want of any good thing.

Psalms 34:15 The eyes of the LORD are toward the righteous and His ears are open to their cry.

Psalms 34:17-19 The righteous cry, and the LORD hears and delivers them out of all their troubles. ¹⁸ The LORD is near to the brokenhearted and saves those who are crushed in spirit. ¹⁹ Many are the afflictions of the righteous, but the LORD delivers him out of them all.

Psalms 36:5 Your lovingkindness, O LORD, extends to the heavens, Your faithfulness reaches to the skies.

Psalms 37:3-5 Trust in the LORD and do what is right! Settle in the land and maintain your integrity! ⁴ Then you will take delight in the LORD, and he will answer your prayers. ⁵ Commit your future to the LORD! Trust in him, and he will act on your behalf. *NET Bible*

Psalms 37:39-40 “The salvation of the righteous is from the LORD; He is their strength in time of trouble. ⁴⁰ The LORD helps them and delivers them; He delivers them from the wicked and saves them, because they take refuge in Him.”

Psalms 40:1-2 “I waited patiently for the LORD; and He inclined to me and heard my cry. ² He brought me up out of the pit of destruction, out of the miry clay, and He set my feet upon a rock making my footsteps firm.”

Psalms 46:1 “God is our refuge and strength, a very present help in trouble.”

Psalms 46:10 "Cease *striving* and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Psalms 55:22 Cast your burden upon the LORD and He will sustain you; He will never allow the righteous to be shaken.

Psalms 62:1-2 “My soul waits in silence for God only; from Him is my salvation. ² He only is my rock and my salvation, my stronghold; I shall not be greatly shaken.”

Psalms 62:5 Patiently wait for God alone, my soul! For He is the one who gives me confidence. *NET Bible*

Psalms 94:11-13a The LORD knows the thoughts of man, that they are a mere breath. ¹² Blessed is the man whom You chasten, O LORD, and whom You teach out of Your law; ¹³ That You may grant him relief from the days of adversity.

Psalms 95:3-5 For the LORD is a great God and a great King above all gods, ⁴ in whose hand are the depths of the earth, the peaks of the mountains are His also. ⁵ The sea is His, for it was He who made it, and His hands formed the dry land.

Psalms 100:5 For the LORD is good. His loyal love endures, and He is faithful through all generations. *NET Bible*

Psalms 116:1-2 I love the LORD, because He hears My voice and my supplications. ² Because He has inclined His ear to me, Therefore I shall call upon Him as long as I live.

Psalms 118:6, 8 The LORD is for me; I will not fear; what can man do to me? ⁸ It is better to take refuge in the LORD than to trust in man.

Psalms 119:90-91 Your faithfulness *continues* throughout all generations; You established the earth, and it stands. They stand this day according to Your ordinances, for all things are Your servants.

From Psalms 121

- ¹ “From where shall my help come?
² My help comes from the LORD, Who made heaven and earth.
³ He will not allow your foot to slip; He who keeps you will not slumber.
⁵ The LORD is your keeper;
⁷ The LORD will protect you from all evil; He will keep your soul.
⁸ The LORD will guard your going out and your coming in from this time forth and forever.”

Psalms 138:3 On the day I called, You answered me; You made me bold with strength in my soul.

Psalms 145:8-9 The LORD is gracious and merciful; slow to anger and great in lovingkindness. ⁹ The LORD is good to all, and His mercies are over all His works.

Proverbs 3:5-6 Trust in the LORD with all your heart and do not lean on your own understanding. ⁶ In all your ways acknowledge Him, and He will make your paths straight.

Proverbs 18:24 A man of too many friends comes to ruin, but there is a friend who sticks closer than a brother.

Proverbs 22:6 Train up a child in the way he should go, even when he is old he will not depart from it.

Proverbs 29:25 The fear of man brings a snare, but he who trusts in the LORD will be exalted.

Isaiah 25:1,4 O LORD, You are my God; I will exalt You, I will give thanks to Your name; for You have worked wonders, plans formed long ago, with perfect faithfulness. ⁴ For You have been a defense for the helpless, a defense for the needy in his distress, a refuge from the storm, a shade from the heat...

Isaiah 40:28-31

- ²⁸ Do you not know? Have you not heard? The Everlasting God, the LORD, the Creator of the ends of the earth does not become weary or tired. His understanding is inscrutable.
²⁹ He gives strength to the weary, and to him who lacks might He increases power.
³⁰ Though youths grow weary and tired, and vigorous young men stumble badly,
³¹ yet those who wait for the LORD will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.

Isaiah 41:10

'Do not fear, for I am with you;
Do not anxiously look about you, for I am your God.
I will strengthen you,
Surely I will help you,
Surely I will uphold you with My righteous right hand.'

From Isaiah 55

- ⁶ Seek the LORD while he makes himself available; call to him while he is nearby!
⁸ "Indeed, my plans are not like your plans, and my deeds are not like your deeds,
⁹ for just as the sky is higher than the earth, so my deeds are superior to your deeds and my plans superior to your plans.
¹⁰ The rain and snow fall from the sky and do not return, but instead water the earth and make it produce and yield crops, and provide seed for the planter and food for those who must eat.
¹¹ In the same way, the promise that I make does not return to me, having accomplished nothing. No, it is realized as I desire and is fulfilled as I intend." *NET Bible*

Isaiah 58:9 “Then you will call, and the LORD will answer; you will cry, and He will say, 'Here I am.'”

Isaiah 59:1 Behold, the LORD'S hand is not so short that it cannot save; nor is His ear so dull that it cannot hear.

Isaiah 64:4 Since ancient times no one has heard or perceived, no eye has seen any God besides you, who intervenes for those who wait for him. *NET Bible*

Isaiah 65:24 It will also come to pass that before they call, I will answer; and while they are still speaking, I will hear.

Jeremiah 1:8 Do not be afraid of those to whom I send you, for I will be with you to protect you," says the LORD. *NET Bible*

Jeremiah 10:23 I know, O LORD, that a man's way is not in himself; Nor is it in a man who walks to direct his steps.

Jeremiah 17:7-8 "Blessed is the man who trusts in the LORD and whose trust is the LORD. ⁸ For he will be like a tree planted by the water, that extends its roots by a stream and will not fear when the heat comes; but its leaves will be green, and it will not be anxious in a year of drought nor cease to yield fruit."

Jeremiah 29:11-13 'For I know the plans that I have for you,' declares the LORD, 'plans for welfare and not for calamity to give you a future and a hope'. 'Then you will call upon Me and come and pray to Me, and I will listen to you'. ¹³ 'You will seek Me and find Me when you search for Me with all your heart'.

Jeremiah 32:17 Ah Lord GOD! Behold, You have made the heavens and the earth by Your great power and by Your outstretched arm! Nothing is too difficult for You,

Jeremiah 33:3 'Call on me in prayer and I will answer you. I will show you great and mysterious things which you still do not know about.' *NET Bible*

Lamentations 3:22-25 The LORD'S lovingkindnesses indeed never cease, for His compassions never fail. ²³ They are new every morning; great is Your faithfulness. ²⁴ "The LORD is my portion," says my soul, "Therefore I have hope in Him." ²⁵ The LORD is good to those who wait for Him, to the person who seeks Him.

NEW TESTAMENT

From Matthew 6

¹⁹ Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal.

²⁰ "But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal;

²¹ For where your treasure is, there your heart will be also.

Matthew 7:7-8 Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. ⁸ For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

Matthew 11:28 "Come to Me, all who are weary and heavy-laden, and I will give you rest.

Matthew 19:26 And looking upon them Jesus said to them, "With men this is impossible, but with God all things are possible."

Matthew 21:22 "And all things you ask in prayer, believing, you will receive."

John 3:16 For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life.

John 15:5b “For apart from Me you can do nothing.”

John 15:7 If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you.

John 15:13 Greater love has no one than this, that one lay down his life for his friends.

John 16:33 “These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.”

Romans 5:8 But God demonstrates His own love toward us, in that while we were yet sinners, Christ died [as a substitute] for us.

Romans 6:23 For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

From Romans 8

²⁵ But if we hope for what we do not see, with perseverance we wait eagerly for it.

²⁶ In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words;

²⁷ and He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to the will of God.

Romans 8:28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

Romans 8:31 If God is for us, who is against us?

Romans 8:32 He who did not spare His own Son, but delivered Him over for us all, how will He not also with Him freely give us all things?

Romans 8:37 But in all these things we overwhelmingly conquer through Him who loved us.

Romans 12:19 Never take your own revenge, beloved, but leave room for the wrath of God, for it is written, "VENGEANCE IS MINE, I WILL REPAY," says the Lord.

1 Corinthians 1:9 God is faithful, through whom you were called into fellowship with His Son, Jesus Christ our Lord.

1 Corinthians 10:13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

1 Corinthians 15:57 “Thanks be to God, who gives us the victory through our Lord Jesus Christ”.

2 Corinthians 12:9-10

And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me.

¹⁰ Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong.

Ephesians 3:14-21

¹⁴ For this reason I bow my knees before the Father, ¹⁵ from whom every family in heaven and on earth derives its name, ¹⁶ that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, ¹⁷ so that Christ may dwell in your

hearts through faith; and that you, being rooted and grounded in love, ¹⁸ may be able to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹ and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God. ²⁰ Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, ²¹ to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.

Ephesians 6:10 “Be strong in the Lord and in the strength of His might.”

Philippians 1:6 For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.

Philippians 2:13-16 “For it is God who is at work in you, both to will and to work for His good pleasure. ¹⁴ Do all things without grumbling or disputing; ¹⁵ so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world, ¹⁶ holding fast the word of life.”

Philippians 3:20-21 For our citizenship is in heaven, from which also we eagerly wait for a Savior, the Lord Jesus Christ; ²¹ who will transform the body of our humble state into conformity with the body of His glory, by the exertion of the power that He has even to subject all things to Himself.

From Philippians 4

⁴ Rejoice in the Lord always; again I will say, rejoice! ⁵ Let your gentle spirit be known to all men. The Lord is near. ⁶ Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Philippians 4:13 I can do all things through Him who strengthens me.

Philippians 4:19 “And my God will supply all your needs according to His riches in glory in Christ Jesus.”

¹ Thessalonians 5:24 Faithful is He who calls you, and He also will bring it to pass.

² Thessalonians 3:3 But the Lord is faithful, and He will strengthen and protect you from the evil one.

² Timothy 1:7 For God did not give us a Spirit of fear but of power and love and self-control. *NET Bible*

Hebrews 4:15-16 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

Hebrews 6:18-19 so that we who have found refuge in him may find strong encouragement to hold fast to the hope set before us - since it is impossible for God to lie. ¹⁹ We have this hope as an anchor for the soul, sure and steadfast.” *NET Bible*

Hebrews 10:23 “Let us hold fast the confession of our hope without wavering, for He who promised is faithful”

From Hebrews 12 - ¹ Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, ² fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. ³ For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

Hebrews 13:8 Jesus Christ is the same yesterday and today and forever.

James 1:5 But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him.

James 4:7-8 Submit therefore to God. Resist the devil and he will flee from you. ⁸ Draw near to God and He will draw near to you.

1 Peter 3:18 For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit.

1 Peter 4:19 Therefore, those also who suffer according to the will of God shall entrust their souls to a faithful Creator in doing what is right.

1 Peter 5:6-7 Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, ⁷ casting all your anxiety on Him, because He cares for you.

1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

1 John 3:2 Beloved, now we are children of God, and it has not appeared as yet what we will be. We know that when He appears, we will be like Him, because we will see Him just as He is.

1 John 4:4 "Greater is He who is in you than he who is in the world."

1 John 5:14-15 And this is the confidence that we have before him: that whenever we ask anything according to his will, he hears us. ¹⁵ And if we know that he hears us in regard to whatever we ask, then we know that we have the requests that we have asked from him.

"Blessed are those who hear the word of God and observe it." Luke 11:28

Scriptures quoted are from New American Standard Bible (NASB) and NET Bible.

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Look up yourself - -

❖ Deuteronomy 20:4

❖ Proverbs 5:21

❖ Micah 7:7

❖ Nahum 1:7

❖ Matthew 16:25

❖ 2 Corinthians 1:3-11

❖ 2 Corinthians 4:16-18

❖ 2 Corinthians 5:5-7

❖ 2 Corinthians 9:8 *ff*

❖ A few exercises for you -

❖ Pick out five or ten verses from both the Old and New Testament that you like the most. Commit them to memory. Write them around you house so you and the family can see them constantly. Ask family members to recite them with you. Challenge them!

❖ Pick out five promises that will help you adjust to a problem that may be vexing your life today!

❖ Do any of these verses help you deal with uncertainties you are facing right now?

❖ Review these promises in light of God's attributes. (SEE BELOW)

❖ Please look up Hebrews 10:23b

❖ Review Isaiah 55:11

The Attributes of God - - The Very Essence of Who He Is.

SOVEREIGN - **1:** supreme excellence; **2a:** supreme power: DOMINION; **b:** royal position or authority; **c :** controlling influence.

Psalms 103:19 **The LORD has established His throne in the heavens, and His sovereignty rules over all.**

RIGHTEOUS - **1:** doing that which is right : acting rightly or justly : conforming to a divine standard <perfection> : free from guilt or sin or wrong:

Psalms 11:7 **For the LORD is righteous, He loves righteousness; the upright will behold His face.**

JUST - **1 a:** the maintenance or administration of what is just **2 a (1):** the quality or characteristic of being just, impartial, or fair **3:** conformity to truth, fact, or reason.

Psalms 89:14 **Righteousness and justice are the foundation of Your throne; lovingkindness and truth go before You.**

LOVE - **1 a:** the attraction, desire, or affection felt for a person; **2 a:** warm attachment, enthusiasm, or devotion; **3 a:** the benevolence attributed to God as resembling a father's affection for his children **b:** men's adoration of God in gratitude or devotion. Compassionate and patient. **LOYAL LOVE.**

Psalms 33:5 **He loves righteousness and justice; the earth is full of the lovingkindness of the LORD.**

ETERNAL - **1 a:** having infinite duration: (1): infinite in past and future duration : having no beginning or end; (2) : infinite in past duration : having no beginning (3): infinite in future duration : having no end. **EVERLASTING.**

Psalms 41:13 **Blessed be the LORD, the God of Israel, from everlasting to everlasting. Amen and Amen.**

OMNISCIENT - <All-knowing> **1:** having infinite awareness, understanding, and insight: knowing all things <actual or possible>: infinitely wise.

Psalms 147:5 **Great is our Lord and abundant in strength; His understanding is infinite.**

OMNIPRESENT - <All-present> present in all places at all times: **UBIQUITOUS** - **2 :** existing or being everywhere at the same time: occurring or capable of appearing everywhere or in many places throughout a particular area, sphere, or production.

Psalms 33:13-14 **The LORD looks from heaven; He sees all the sons of men; from His dwelling place He looks out on all the inhabitants of the earth.**

OMNIPOTENT - <All-powerful> **1:** having or wielding strength, force, or authority; **2 a:** having or wielding influence: possessing the capacity to mold or alter thought or feeling: **COGENT, AFFECTIVE.**

Psalms 65:6 **Who establishes the mountains by His strength, being girded with might.**

IMMUTABLE - **2 :** not capable or susceptible of change : **INVARIABLE** (showing no deviation); **UNALTERABLE** (not capable of being altered).

Psalms 102:27 **"But You are the same, and Your years will not come to an end.**

VERACITY - **1:** devotion to the truth; **ACCURATE** (freedom from mistake or error).

Psalms 117:2 **For His lovingkindness is great toward us, and the truth of the LORD is everlasting. Praise the LORD!**

FAITHFUL - **2 :** true and constant in affection or allegiance; **3 :** firm in adherence to promises, oaths, or undertakings : firm and thorough in the observance of duty

Psalms 33:4 **For the word of the LORD is upright, and all His work is done in faithfulness.**

**Are you fully persuaded that what God has promised; He is able to perform?
Romans 4:21**

*Definitions quoted from Merriam-Webster dictionary;
Scripture quoted from New American Standard Bible*